# THE NARRATIVE ENNEAGRAM

IEA Accredited School with Distinction

# PROFESSIONAL CERTIFICATION PROGRAM



Illustration by Dayo (@theblackenneagram)



# **Become a Certified Narrative Enneagram Professional**

The Professional Certification Program at The Narrative Enneagram is for those who are interested in developing skills as a teacher of the Enneagram or as a practitioner using the Enneagram in their professional work as a therapist, coach, spiritual director, or other individual client work.

The Narrative Enneagram is the longest running Enneagram School in the world and only IEA Accredited School with Distinction. During this 12-month experiential learning program, you'll develop your skills conducting typing interviews, leading panels, teaching presentations, and working individually with clients.

## The Narrative Enneagram offers two Certification Tracks:

Students complete the first half of the program together and then split into two tracks that offer specialized training based on your professional goals. You may choose to complete both tracks simultaneously.

Certified Narrative Enneagram Teacher (CNET) is for those who want to teach the Enneagram to groups by leading panels and offering presentations.

Certified Narrative Enneagram Practitioner (CNEP) is for therapists, coaches, spiritual directors, and others who want to integrate the Enneagram into work with individual clients.

## **Pre-Requisites:**

Entry into the Professional Certification Program requires the successful completion of The Narrative Enneagram <u>Foundational Courses</u>: Experiencing the Narrative Enneagram, Exploring Instinctual Subtypes, Engaging Transformational Growth, and Deepening Spiritual Awareness.

Those interested in entering the Practitioner Track must also:

- 1. Be currently enrolled OR have successfully completed a professional training program in their discipline (e.g. mental health counseling, coaching, spiritual direction, etc.)
- 2. Have worked as a fee-based client with a practitioner in their discipline for at least 6 sessions
- 3. Have been working with individual clients in their discipline for at least 6 months
- 4. Be actively working with at least 2 clients currently

## **Program Components:**

You'll learn from expert faculty through live online modules, gain hands-on experience with feedback from a Coach or Supervisor during practicum, and build relationships with your cohort throughout the yearlong experience.

#### Time Commitment

The Professional Training Program takes 12 months to complete with a graduation celebration with your cohort at the 12-month mark. Full participation, including precourse work and homework, is required from all students. Participants may not be absent from any portion of the Professional Certification Program – in particular the course gatherings – in order to successfully become a Certified Narrative Enneagram Teacher or Practitioner.

## **Upcoming Dates**

Dates listed includes the required live online learning modules. You will also meet with your Coach and/or Supervisor along with a small group of your peers throughout the yearlong certification process.

#### January 2024 - December 2024

Jan 12-14: Module 1: Typing Process

May 3-5: Module 2p: Practitioner Training May 17-19: Module 2t: Teacher Training

December 2024: Graduation

## August 2024 – July/August 2025

Aug 2-4: Module 1: Typing Process

Dec 6-8: Module 2p: Practitioner Training Dec 13-15: Module 2t: Teacher Training

July/August 2024: Graduation

We anticipate future cohorts beginning in January and August of each year following a similar pattern. Exact dates to be announced later.

# **Program Components (continued):**

#### Module 1: Typing Process (all)

This experiential training teaches you how to conduct individual typing interviews using the inquiry method to help interviewees discover their potential type. You will learn how to conduct typing interviews step-by-step to assist newcomers to the Enneagram in discerning their type.

#### Topics include:

- Differentiating one type from another
- Non-verbal aspects of type
- Knowledge of your own biases in conducting interviews

The training culminates in a rare hands-on opportunity to practice your skills by interviewing volunteers from the community with feedback from faculty and coaches.

## Typing Practicum (all)

Practice your typing interview skills and learn to support those in the process of type discovery by conducting typing interviews in the Narrative Tradition. We will pair you with a Narrative Enneagram Coach to provide guidance during this process. You will meet with your Coach 6 times to review your interviews so that you can incorporate their feedback as you become more skilled.

#### Elements include:

- Conduct 12 typing interviews, including 6 that you will review with your Coach to develop your content knowledge and skill
- Meet with your small group throughout the process for shared knowledge, reflection, and support
- Finish with a final typing interview with a member of the Core Faculty over Zoom

## Module 2t: Teacher Training (Teacher Track only)

Develop your presentation skills, practice leading type panels in a group setting, build skills in receptive awareness, and learn methods to integrate somatic elements into your practice. During this three-day training, you will build on your self-development skills and deepen your understanding of the nine Enneagram types through the facilitation of panels.

#### You will:

- Learn the elements and principles of conducting panels in the Narrative Tradition
- Facilitate three panels (two introductory and one growth) in small groups to practice your interviewing skills and receive constructive feedback
- Hone your presentation skills including developing your content, getting to know your speaking style, establishing rapport, and maintaining a relationship with your audience
- Give a 20-minute presentation in a small group and receive constructive feedback
- Explain the power of the Enneagram in your own words by practicing a 30-second "elevator" speech
- Build skills in self-reflection, self-observation and receptive awareness
- Learn body awareness and centering exercises that you can integrate for your own development and facilitate with groups

## Teacher Practicum (Teacher Track Only)

Practice your skills to effectively present topics on the Enneagram and facilitate a panel in the Narrative Tradition. You will continue working with the same Coach from your Typing Practicum who will support you throughout this process.

#### Elements include:

- Conduct 5 panel interviews with an introduction to the panel; 4 reviewed by your Coach
- Give 2 20-minute presentations on an Enneagram topic reviewed by your Coach
- Meet with your small group throughout the process for shared knowledge, reflection and support
- Write a final reflection reviewed by your Coach
- Complete a final panel interview with a member of the Core Faculty over Zoom

## Module 2p: Practitioner Training (Practitioner Track only)

Designed to support therapists, coaches, spiritual directors, social workers, and other practitioners who work one-to-one with clients to create meaningful and lasting change. During this three-day training, you will learn to engage the Enneagram with individual clients to support their growth.

#### You will:

- Explore strategies that support each of the nine types to grow along with the gifts and challenges of working with each type
- Explore your own type bias and increase your capacity for self-reflection, selfobservation and receptive awareness
- Learn transformational models like the Universal Growth Process to use in your practice
- Discover type-specific transference and counter-transference issues and develop effective life-changing strategies and interventions for each type
- Build your skills to incorporate somatic elements into your practice

## Practitioner Practicum (Practitioner Track Only)

Integrate the Enneagram into your work with clients and attend group supervision. You will participate in group supervision facilitated by a Supervisor (different from the Coach you worked with during Typing Process).

#### Elements include:

- Complete case presentations focused on your work with clients
- Explore relevant topics about the Enneagram, share client questions, and receive feedback from the group
- Write a 5-10 page final reflection paper reviewed by your Supervisor
- Meet with a member of the Core Faculty for a short final review

## Graduation (all)

Join us at a Zoom celebration with your cohort to recognize becoming a Certified Narrative Enneagram Teacher (CNET) or Certified Narrative Enneagram Practitioner (CNEP). Graduation occurs approximately 12 months after program start.

Upon graduation, you will also receive one free year of Professional Membership with the Narrative Enneagram to support you in staying connected to the Enneagram community and jump-starting your professional Enneagram work.

# **Program Costs**

Program costs include tuition paid to The Narrative Enneagram and practicum fees paid directly to a Coach or Supervisor. Tuition includes all modules, small group meetings, administration costs, and final reviews with Core Faculty. Payment plans are available to spread out the cost of tuition with an initial payment of \$995. <u>Scholarships</u> are also available thanks to our generous donors.

We will pair you with a Coach and/or Supervisor to support you during practicum. You will pay your practicum fees to them directly, spread out over the number of sessions.

#### Teacher Track

Tuition	\$2,495
Typing Practicum	\$900
Teacher Practicum	\$855
Total	\$4,250

Typing Practicum includes review of 6 typing interviews (\$150 each) with your Coach.

Teacher Practicum includes review of 4 panels (\$150 each), 2 presentations (\$90 each) and final paper (\$75) with your Coach.

#### **Practitioner Track**

Tuition	\$2,495
Typing Practicum	\$900
Practitioner Practicum	\$575
Total	\$3,970

Typing Practicum includes review of 6 typing interviews (\$150 each) with your Coach.

Practitioner Practicum includes 5 group supervision sessions (\$90 each) and review of your final paper (\$125) with your Supervisor.

#### Teacher and Practitioner Track

Tuition	\$3,390
Typing Practicum	\$900
Teacher Practicum	\$855
Practitioner Practicum	\$575
Total	\$5,720

Typing Practicum includes review of 6 typing interviews (\$150 each) with your Coach.

Teacher Practicum includes review of 4 panels (\$150 each), 2 presentations (\$90 each) and final paper (\$75) with your Coach.

Practitioner Practicum includes 5 group supervision sessions (\$90 each) and review of your final paper (\$125) with your Supervisor.