



COVID-19 POLICY

We value the health and safety of all members of The Narrative Enneagram community and are taking measures to reduce the risk of transmission of COVID-19 at our events. Different individuals may be at greater risk of serious disease or death due to age, disability or other health conditions. We have created our policy with the intent of building an environment where as many people as possible will feel safe. We continue to offer online classes for anyone who feels more comfortable learning that way for any reason.

You may not attend if:

- you are positive for COVID-19
- you are awaiting test results for COVID-19
- you've knowingly been exposed to someone who has had COVID-19 in the past 10 days prior to the start date of your event
- you've been knowingly exposed and you have an incomplete quarantine period

Vaccination Policy

All participants are required to be fully vaccinated. As defined by the CDC, full vaccination includes either one Johnson & Johnson or two Moderna or two Pfizer COVID-19 vaccinations. We recommend participants also receive any additional doses or boosters for which they are eligible. You will be asked to provide proof of vaccination in advance of the program you will be attending.

Testing

All participants will provide proof of a negative COVID test upon arrival. Please provide either a PCR test taken up to 72 hours prior to arrival or an antigen test taken up to 24 hours prior to arrival.

Health Waiver

All participants will be required to sign a health waiver upon registration or arrival at the retreat center.

Masks

Masks are recommended in shared spaces or in any area you feel most comfortable. There may be other groups present during your program. These groups will not have access to your meeting room; however, there are shared spaces (e.g. dining hall, lobby) where outside groups may be present.

Please bring additional masks in the event that local masking guidelines change.

Protecting Yourself and Others

- Maintain good hygiene and sanitation practices. Hand sanitizer will be provided in the meeting room.
- If you begin to feel unwell, complete the [health questionnaire](#) to track your symptoms. We will have limited amounts of tests available. There are also test sites nearby the retreat center.

- Provide accurate information so we can contact you of any participant(s) that may have increased your exposure.

Protocols for COVID-like Symptoms

If you experience COVID-like symptoms or test positive for COVID-19, please inform the site coordinator immediately so we can notify guests of their exposure. Your identity will be kept confidential.

Testing Positive for COVID-19

In the event that you test positive for COVID-19, you must quarantine in your room or leave the retreat center. If you have a roommate, your roommate will be required to quarantine or leave the center as well. Meals will be delivered to your room.

Meals

Masks are not required during meals. Meals are self-serve buffet style. In the event of rising COVID-19 numbers, the retreat staff will serve meals to participants. Outside eating areas are available if you prefer not to eat in the dining hall.

Housing

Single room options are available. If you choose to have a roommate, you may be putting yourself at risk of additional exposure to COVID-19.

Local Guidelines

In addition to all TNE policies, participants are required to follow national, state and local policy as well as any retreat center policies, which may change.

Resources

- [CDC Covid Site](#)
- [Staying up-to-date with vaccines](#)
- [COVID symptoms](#)
- [Quarantine & Isolation](#)
- [COVID Community Levels by County](#)
- [Use & Care of Masks](#)